



FAQ

Why was New Wave Engage founded?

NWE was founded and developed by former UFC Professional Competitor James Te Huna. Understanding the importance of positive role models within community, James identified a need for young people at risk to be connected to build a sense of belonging within their community. NWE provides an opportunity to connect community role models to mentor young people within their own community, to reduce isolation and create safety networks.

What services do NWE offer?

New Wave Engage supports young people to feel empowered. NWE has developed a model based on the discipline, respect and leadership learnt through James' professional career to provide mentorship and coaching to young people at risk and to connect youth within their own community through NWE mentors.

NWE currently offers a 12-week short term goal program, long term mentoring and support with a consistent and experienced mentor and school holiday programs.

Our programs focus on building Community Connection, Emotional Regulation through Physical Fitness & Health, supporting independent Living Skills and Social Engagement.

NWE is currently working with children and young people in Out of Home Care, Young offenders and young people who have left care.

Our experienced community mentors all have the relevant probity checks and clearances to work with children and young people.

How do NWE develop goals with young people?

As a proud Māori man James understands the importance of family and community connections in forming a young person's values, confidence, and identity. Our mentors are matched to young people in our referral process. NWE recognise the importance of family and support networks in identifying young people's strengths and challenges and NWE aims to include significant people in forming these goals.

Sessions with young people are guided by supporting youth to identify what they want from their life and setting goals to get there.

What does a typical session look like?

Our initial sessions with young people and their families start with rapport building and getting to know the young person.

Our NWE mentors develop SMART goals with young people and together develop a short-term goal. Our sessions support young people to build community connection through activities and introductions to safe networks through local gyms, community programs.

Cultural Understanding

Emotional Regulation through Physical Fitness & Health Living Skills
Social Engagement

How long does NWE work with a young person?

NWE model is based on a twelve-week program with young people. This allows time to build rapport, set an achievable goal and introduce young people into community networks. As part of our program there are set evaluation and reflection points.

We have found many young people enjoy our program and often set new goals they want to achieve, and we can extend the program further.

How do I refer a child or young person?

NWE currently supports children and young people from ages 10 to 25. Please contact us directly via email at james@nwengage.com.au or our website www.nwengage.com.au We are happy to discuss ways NWE can help connect youth within their community.